

Experience

- ◆ Drafted to the NHL (Edmonton Oilers – 3rd round – 53rd overall)
- ◆ Have played in Edmonton, Minnesota, Toronto, Columbus, Tampa Bay, and Washington NHL farm systems
- ◆ Ten seasons of professional hockey experience (North America and Europe)
- ◆ Led the ECHL in most Defenseman categories including +/-, points, goals, assists, PP assists, PP goals, game winning goals, shots, etc.
- ◆ Drafted to the OHL (North Bay Centennials – 3rd Round – 46th overall)
- ◆ Rookie All-star in the UHL (1st year pro) and OHL (Paired with Ed Jovanovski)
- ◆ Second plus/minus record in the OHL as a rookie (+64)
- ◆ Head Hockey Instructor at Teen Ranch for ten seasons
- ◆ Directed the complete training of Junior, NCAA and Professional hockey players
- ◆ ECHL Defenseman of the Year and First Team All-Star (2004)
- ◆ Selected as a starter for the All-Star team two years in a row (2004-05)
- ◆ Canadian Coaching Levels
- ◆ Certified Personal Trainer
- ◆ 1st Aid, CPR

About...

- ◆ Neilson Athletics is a cross-gender hockey school that provides professional training for players of all ages and skill levels. Over the past eight summers Corey Neilson, founder and director of Neilson Athletics, has been working out of Teen Ranch Canada. The Teen Ranch Ice Corral is an Olympic-size arena where some of the top professional hockey teams have held their training camp.
- ◆ The pre-season is a great time to work on some inconsistencies in the player's game or develop skills further to put the player over the top as an elite hockey player. Whether just starting out or a "AAA" player, Neilson Athletics provides programs for all ability and skill levels. The specified programs enable the instructors to work with each individual on what matters most in their game.
- ◆ As a professional coach, trainer, and player, Corey is both qualified and experienced to instruct players and build them into better athletes.

**REGISTER AT
TEEN RANCH
MONDAY - FRIDAY**

NEILSON



ATHLETICS

- Building Better Athletes

SUMMER HOCKEY 2007



INSTRUCTOR: COREY NEILSON



**Phone: 519-939-8626
Email: admin@neilson-athletics.com
Website: www.neilson-athletics.com**

Neilson Athletics

PROGRAMS, LESSONS AND CLINICS

SEMI-PRIVATE POWERSKATING

This three week crash course on skating fundamentals will guide your child through a natural progression of skills. Beginning with balance, stride, starts and stops, instruction will then progress to crossovers, tight turns, backwards skating and pivoting. With a maximum of 12 students per session, your child will receive the necessary personal attention they need to improve their skating. Ages 6-12.

Cost \$200
 Friday 7:30-9am
 Session 1: June 29-July 13
 Session 2: July 20-Aug. 3
 Session 3: Aug. 10-24

SEMI-PRIVATE PUCK SKILLS

This three week course is geared to improve your child's puck handling, shooting and passing. Only 12 skaters in each session will give your child the small group setting they need to improve. A progressive course ranging from stationary puck handling, passing and shooting to doing these skills on the move. Various types of shots will be covered including wrist, snap, slap, and one-timer. Ages 6-12

Cost \$200
 Monday 5:30-7pm
 Session 1: June 25-July 9
 Session 2: July 16-30
 Session 3: Aug. 6-20

ELITE 4 VS 4

AE, AA, and AAA are invited to this fast-paced program designed to make good players even better. Thirty minutes of high-tempo warm-up and skills practice will precede the full contact game. Each individual will be forced to read and react to various situations. Coaches will emphasize moving the puck quickly, getting into the open while on offense, and keeping body position between your opponent and the net while on defense.

Cost: \$250 Goalies Half Price!
 93-94.....Sunday 7-8:30pm
 91-92.....Sunday 8:30-10pm
 Junior/Pro.....Sunday 10-11:30pm

MINI 3 VS 3

An exciting new program! The cross-ice boards are set up for scrimmages while the neutral zone is used for the instructional warm-up. By making the game proportionate for the younger players, they are able to get the puck and develop their skills and skating. Action is fast paced allowing players to improve and further their offensive and defensive play.

Cost: \$200 Goalies Half Price!
 99-00.....Sunday 4-5pm
 97-98.....Sunday 5-6pm
 95-96.....Sunday 6-7pm

HOCKEY INITIATION

Our newest 5-week program for the beginner. A fun introduction to the ice, wearing equipment, and starting to play hockey. Parents are welcome in the first few sessions. Under age 7.

Cost \$100
 Wednesday 5-6pm
 Session 1: June 20-July 18
 Session 2: July 25-Aug. 22

INTENSIVE

This is an demanding program, designed for the serious player. It includes a combination of Neilson Athletics programs such as dry land training, semi-private ice instruction, 3 vs 3 or 4 vs 4, and video analysis. This is the complete summer hockey advancement. Please call concerning eligibility. Prices vary with ages. Video analysis and dry land training available separately as well.

SEMI-PRIVATE LESSONS

From basic fundamentals to advanced theory and training, this on-ice program is geared to improve skating and skills. This is a customised program designed with the input of players and parents. There is a maximum of 5-6 players per session. Private Instruction also available!

94-95.....Tues & Thurs 7-9am
 92-93.....Mon & Wed 7-9am
 Junior/Pro.....Mon 8:30-10pm
 & Wed 8-10pm

Registration Notes

- *All fees are subject to GST
- *Jerseys are included with 3 vs 3 & 4 vs 4 programs
- *10% Discount for Families with multiple registrations